

# CHILDREN

## A Message to Parents

A Message to Parents...We require, for most programs, that children involved be the required age as of the date of the first class. All age requirements are set to benefit the child and make instruction more consistent for the program instructor. In some instances, the requirements have been set for the child's safety. Note: Registration by Internet or phone will be accepted if the child is the appropriate age at the time of registration. If your child does not meet the age requirements by the start of class, please register by Fax, mail-in or in person. Registration deadline for all activities is two weeks prior to the start of the class unless otherwise noted.

In case of an emergency or inclement weather, call 240-314-5023 for a recorded message.

## Preschool Classes

We Love Parents But...In order to assist us in offering a quality program for your preschooler, we ask that you do not remain at the class unless it is otherwise stated in the description. Experience has shown that preschoolers are easily distracted due to their short attention spans. Thank you for your cooperation.

### Bugs@The Little Gym



Fitness made fun. Explore ways to reinforce physical, social and cognitive development in a relaxed environment. Individual and group activities will include directive music, rhythm, and a variety of physical exercises. Come meet other parents and caregivers (adult participation required) as your little ones enjoy the action. Classes held at The Little Gym, Potomac Woods Plaza, 1071 Seven Locks Road, Rockville. 11 weeks.

#15525 Mon Apr 4-Jun 13 12:15 pm-1:00 pm  
\$175(R)/\$193(N) Ages: 4-10 mo

#15545 Fri Apr 1-Jun 10 11:30 am-12:15 pm  
\$175(R)/\$193(N) Ages: 4-10 mo

### Funfit Tots - Adult/Child

Find out just how much fun fitness can be and spend quality time with your youngster. Using balls, hoops, parachutes, musical instruments and a variety of activities, children develop better gross motor and socialization skills and better coordination. Note: \$10 material fee due to instructor. Funfit is for the whole family. One adult must attend with child(ren), who must be walking. \$20 material fee for two or more children attending. 8 weeks. No class 4/17 and 5/10.

#13518 Tues Apr 5-Jun 7 4:30 pm-5:15 pm  
\$58(R)/\$68(N) Ages: 1-3 Woodruff Site: BAP

#13519 Tue Apr 5-Jun 7 5:15 pm-6:00 pm  
\$58(R)/\$68(N) Ages: 1 1/2-4 yrs Woodruff Site: BAP

### Mini Cheer

Learn all aspects of cheerleading in this new mini-class. Participants will learn motions, jumps, tumbling, stunts and dance. Cheer routines and dance are taught for a performance during the last class. Note: Classes held at Xtreme Acro and Cheer, 20 E. Southlawn Ct., Rockville.

6 weeks.  
#13515 Wed Apr 6-May 11 5:45 pm-6:45 pm  
\$57(R)/\$67(N) Ages: 4-6 Buell-Size

### Gym and Swim

Introduce your preschooler to a variety of sports and games followed by 30 minutes of supervised swim at the Rockville Municipal Swim Center which will include an introduction to simple water skills and free swim. Note: Parents must transport child to the Swim Center and assist with changing but will not participate.

8 weeks.  
#14507 Fri Apr 8-May 27 3:45 pm-5:00 pm  
\$64(R)/\$75(N) Ages: 3-5 Site: RTS

8 weeks.  
#14508 Tue Apr 5-May 24 3:45 pm-5:00 pm  
\$64(R)/\$75(N) Ages: 3-5 Site: RTS

### Little Ninjas

Introduce your child to Karate, taught by Tae Kwon Do teachers. Each class will begin with stretches followed by exercises and fun games that will help children learn the basics while improving their strength, flexibility, and coordination. Note: Class held at World Karate Masters, 4935 Wyaconda Road, Rockville.

8 weeks.  
#15300 Wed Apr 6-May 25 10:30 am-11:30 am  
\$44(R)/\$52(N) Ages: 3-6 Latchinian

## ROCKVILLE SCIENCE DAY

April 24 • 12 noon-5 p.m.  
Montgomery College  
Rockville Campus

For more information: 301-279-9444  
[www.rocknet.org/Community/Science](http://www.rocknet.org/Community/Science)

# CHILDREN

SPRING 2005

## Music Together - Adult/Child™

Music Together is based on the premise that all children are musical and have the same innate ability to learn music as language. Each class nurtures a child's natural enthusiasm for music and movement through singing, dancing, chanting and instrument play in an informal setting, as parents and caregivers learn how to play musically with their children.

Note: This is a research-based, developmentally appropriate program that seeks to assist children in developing basic musical competence, and ultimately guide them towards a lifetime of musical enjoyment. Program fee includes a professionally produced CD and cassette, a corresponding illustrated songbook, and parent education materials. Cost of materials is non-refundable. To receive the sibling discount, please register by fax, mail, or in person. Siblings 8 months and under attend free. \$100 fee for siblings 8 months and older (must fax, mail, or register in person). Free for siblings under 8 months (do not need to register). Materials are nonrefundable. 10 weeks.

#15184 Wed Apr 13-Jun 15 9:30 am-10:15 am  
\$143(R)/\$165(N) Ages: 1 mo-5 yrs Winkler Site: MCCC

#15185 Wed Apr 13-Jun 15 10:30 am-11:15 am  
\$143(R)/\$165(N) Ages: 1 mo-5 yrs Winkler Site: MCCC

#15186 Thu Apr 14-Jun 16 9:30 am-10:15 am  
\$143(R)/\$165(N) Ages: 1 mo-5 yrs Winkler Site: MCCC

#15187 Thu Apr 14-Jun 16 10:30 am-11:15 am  
\$143(R)/\$165(N) Ages: 1 mo-5 yrs Winkler Site: MCCC

Note: This class is held at Kicks Karate, 800 Pleasant Dr., Suite 140 in Rockville.

#15188 Fri Apr 15-Jun 17 10:00 am-10:45 am  
\$143(R)/\$165(N) Ages: 1 mo-5 yrs Winkler

Note: This class is held at Kicks Karate, 800 Pleasant Dr., Suite 140 in Rockville.

#15515 Fri Apr 15-Jun 17 11:00 am-11:45 am  
\$143(R)/\$165(N) Ages: 1 mo-5 yrs Winkler

## Petite Soccer

Enjoy a fun introduction to the world of soccer through exposure to exciting and stimulating physical activities taught by UK Elite's professional coaching staff. Learn to develop motor skills, better coordination and social skills. Note: Bring a water bottle to class.

6 weeks.  
#15330 Tue Apr 5-May 10 9:30 am-10:30 am  
\$65(R)/\$75(N) Ages: 3-5 Fletcher Site: BAP

6 weeks.  
#15331 Tue Apr 5-May 10 10:30 am-11:30 am  
\$65(R)/\$75(N) Ages: 3-5 Fletcher Site: BAP

## Powder Puff Basketball

Your little one will kick off the weekend with some exercise and fun! Learn the very basics of basketball-dribbling, passing and shooting-but more importantly, socialization, team work, and good sportsmanship.

6 weeks.  
#13513 Sat Apr 9-May 14 9:45 am-10:30 am  
\$42(R)/\$49(N) Ages: 4-5 Graves Site: TCRC

6 weeks.  
#14525 Sat Apr 9-May 14 10:30 am-11:15 am  
\$42(R)/\$49(N) Ages: 5-6 Graves Site: TCRC

## Pre-Ballet

Introduce your preschooler to dance, movement and basic ballet techniques. Rhythm, coordination and fun are emphasized. Note: Loose-fitting clothing or leotards and tights and ballet shoes are recommended but are not required. No tutus.

8 weeks.  
#15191 Tue Apr 5-May 24 3:30 pm-4:15 pm  
\$53(R)/\$63(N) Ages: 4-5 Blackman Site: TCRC

8 weeks.  
#15192 Tue Apr 5-May 24 4:30 pm-5:15 pm  
\$53(R)/\$63(N) Ages: 3-4 Blackman Site: TCRC

8 weeks.  
#15193 Thu Apr 7-May 26 3:30 pm-4:15 pm  
\$53(R)/\$63(N) Ages: 3-4 Blackman Site: TCRC

8 weeks.  
#15518 Thu Apr 7-May 26 4:30 pm-5:15 pm  
\$53(R)/\$63(N) Ages: 3-4 Blackman Site: TCRC

7 weeks.  
#15198 Sat Apr 9-May 21 9:00 am-9:45 am  
\$46(R)/\$54(N) Ages: 3-4 Chongpinitchai Site: RBC

7 weeks.  
#15199 Sat Apr 9-May 21 10:00 am-10:45 am  
\$46(R)/\$54(N) Ages: 3-4 Chongpinitchai Site: RBC

7 weeks.  
#15200 Sat Apr 9-May 21 11:00 am-11:45 am  
\$46(R)/\$54(N) Ages: 3-4 Chongpinitchai Site: RBC

7 weeks.  
#15195 Sat Apr 9-May 21 10:15 am-11:00 am  
\$46(R)/\$54(N) Ages: 3-4 Ek Site: SC

7 weeks.  
#15196 Sat Apr 9-May 21 11:05 am-11:50 am  
\$46(R)/\$54(N) Ages: 3-4 Ek Site: SC

7 weeks.  
#15197 Sat Apr 9-May 21 12 noon-12:45 pm  
\$46(R)/\$54(N) Ages: 4-5 Ek Site: SC

Eggstravaganza & Kite Fest - See Page 61

### Soccer for Fours

Practice soccer fundamentals and develop better skills. This class is just for four year olds. Dribbling, passing, trapping and shooting are covered, as well as the basic concepts for strategy and teamwork. Occasional scrimmages are included. Note: Bring a water bottle. Call the weather line at 240-314-5023 for status of class.

6 weeks.

#15547	Thu	Apr 7-May 26	10:00 am-10:45 am
\$48(R)/\$53(N)		Ages: 4	Skolnik Site: KFP

### Tiny Hand Crafts - Adult/Child

Come and see what tiny hands can do! This hands-on class encourages children to be creative, get messy and have fun with paint, glue, glitter, foam, fabric, wood items and more. Kids will make at least 2 projects per class...most of them keepers! Note: Bring a smock. \$20 material fee due to instructor. Adult participation required.

6 weeks.

#15205	Tue	Apr 12-May 17	10:15 am-11:00 am
\$41(R)/\$48(N)		Ages: 2-6	Dion Site: MCCP

6 weeks.

#15203	Thu	Apr 14-May 19	9:30 am-10:15 am
\$41(R)/\$48(N)		Ages: 2-6	Dion Site: TCRC

6 weeks.

#15204	Thu	Apr 14-May 19	10:30 am-11:15 am
\$41(R)/\$48(N)		Ages: 2-6	Dion Site: TCRC

### Twinkle Twinkle Tiny Tunes - Adult/Child

Share the love of music with your child. Using songs, musical games, rhythm instruments and creative movement, the basics of music are made easy for little ones. Rhythm, pattern, tempo and pitch are the fundamentals, but the emphasis is on fun. Note: Attendance by parent/guardian is required.

7 weeks.

#15206	Mon	Apr 11-May 23	9:30 am-10:15 am
\$46(R)/\$54(N)		Ages: 1½-2½ yrs	Garry Site: TCRC

7 weeks.

#15207	Mon	Apr 11-May 23	10:30 am-11:15 am
\$46(R)/\$54(N)		Ages: 1½-2½ yrs	Garry Site: TCRC

### Princess Tea Party - Adult/Child

Celebrate Mother's Day with your favorite princess at a Princess Tea Party at Twinbrook Community Recreation Center. Enjoy an afternoon of crafts and games. Wear your favorite costume and feel like a Princess. Children must come to the party with an adult. Fee applies to each person attending party.

#15495	Sat	May 7	2:00 pm-4:00 pm
\$10(R)/\$12(N)		Ages: 3 +	Site: TCRC

### After School Enrichment

#### After School Adventure

This after school program is for children in grades K-5 attending Twinbrook and Meadow Hall Elementary Schools. Note: Transportation provided from TES and MHES to Twinbrook Community Recreation Center. TCRC membership required.

#15476	Mon-Fri	Apr 4-Jun 15	3:00 pm-6:00 pm
\$170(R)/\$220(N)		Ages: 5-10	Site: TCRC

#### Kids Room

This drop-in recreational program is designed to give school-aged children the opportunity to have a safe and fun place to hang-out after school. Children will be able to engage in daily sports and games, arts and crafts, educational computer activities, along with homework time and monthly field trips. This program is for children in grades K-8.

Registration: On going. No Program: 4/8 & 5/30

#15505	Mon-Fri	Apr 4-Jun 15	3:30 pm-6:00 pm
\$140(R)/\$200(N)		Ages: 5-14	Site: LPCC

## Child Care Programs

### 2005-2006 School Year

Licensed by the State of Maryland

#### Preschool Children

3-5 years and toilet trained

##### Montrose Discovery

M-F, 9 a.m.-1 p.m., Sept. 6- June 9

##### Twinbrook Discovery

M-F, 7:30 a.m.-6 p.m., July 5-June 29

#### School Age Children

K- Grade 5, August 29-June 13

Child must be enrolled in the school where the program is held.

##### K.A.T. (Kindergarten Activity Time)

Fallsmead ES: 8:50 a.m.-12:30 p.m. or  
11:30 a.m.-3 p.m.

##### S.T.E.P. (Student Total Enrichment Program)

Ritchie Park and Fallsmead ES

7:30 a.m.-8:50 a.m. and/or 3 p.m.-6:30 p.m.

**Information: 240-314-8631**

# CHILDREN

SPRING 2005

## Arts/Leisure/Dance Classes

Registration deadline for all activities is two weeks prior to the start of the class unless otherwise noted.

### Ballet for Children

Learn the art of Ballet through an elementary but professional approach. Children must be entering Kindergarten and age five by October 31. Children should register for the appropriate level but may be changed at the instructor's discretion. Solid color leotard and ballet shoes are recommended but not required. Children should remain in Beginning Ballet for two years, then move to Intermediate for four years before progressing to Advanced Ballet. Students with demonstrated proficiency are encouraged to perform with the Rockville Civic Ballet. Those previously enrolled at the Rockcrest Ballet Center should register for the same class. Note: If a participant registers for two or more classes, a \$5 discount may be applied to one class. To receive a discount, register by mail, fax or in-person. See Teen Section for more classes. All participants enrolled through spring 2005 will have the opportunity to perform in the spring recital on June 4.

#### Beginner Ballet

Beginners, Grades K-6. 7 weeks.

#15147	Mon	Apr 11-May 23	3:45 pm-4:45 pm
\$49(R)/\$58(N)		Ages: 5-13	Mangan Site: RBC

#### Intermediate I

Children ages 7 and up who have successfully completed the Beginner level. 7 weeks.

#15148	Mon	Apr 11-May 23	4:45 pm-5:45 pm
\$49(R)/\$58(N)		Ages: 7 +	Mangan Site: RBC

#### Intermediate II & III

Children who have successfully completed Intermediate I. 8 weeks.

#15149	Tue	Apr 12-May 31	4:15 pm-5:15 pm
\$56(R)/\$66(N)		Ages: 8 +	Mangan Site: RBC

#### Advanced Ballet & Pointe

Advanced Ballet Pointe for young teens. 8 weeks.

#15150	Tue	Apr 12-May 31	5:15 pm-6:15 pm
\$56(R)/\$66(N)		Ages: 12 +	Mangan Site: RBC

#### Intermediate I & II

Children ages 7 and up who have successfully completed the Beginner level. 8 weeks.

#15151	Wed	Apr 13-Jun 1	3:45 pm-4:45 pm
\$56(R)/\$66(N)		Ages: 7 +	Mangan Site: RBC

#### Preparation & Beginner Pointe

Preparation for Pointe and Beginner Pointe. 8 weeks.

#15158	Wed	Apr 13-Jun 1	4:45 pm-5:45 pm
\$56(R)/\$66(N)		Ages: 10-14	Mangan Site: RBC

#### Young Beginner Ballet

Designed for Beginners, ages 5-7, with a slightly less structured approach. 8 weeks.

#15152	Thu	Apr 7-May 26	5:30 pm-6:30 pm
\$56(R)/\$66(N)		Ages: 5-7	Blackman Site: TCRC

#### Advanced Ballet

Advanced Ballet Pointe for young teens. 8 weeks.

#15153	Thu	Apr 14-Jun 2	5:15 pm-6:15 pm
\$56(R)/\$66(N)		Ages: 12 +	Mangan Site: RBC

#### Beginner Ballet

Beginners, grades K-6. 8 weeks.

#15154	Fri	Apr 15-Jun 3	3:45 pm-4:45 pm
\$56(R)/\$66(N)		Ages: 5-13	Mangan Site: RBC

#### Intermediate II & III

Preparation for Pointe and Beginner Pointe. 8 weeks.

#15155	Fri	Apr 15-Jun 3	4:45 pm-5:45 pm
\$56(R)/\$66(N)		Ages: 10-14	Mangan Site: RBC

#### Beginner Ballet

Beginners, grades 1-6. 7 weeks.

#15156	Fri	Apr 15-Jun 3	5:45 pm-6:45 pm
\$49(R)/\$58(N)		Ages: 6-12	Mangan Site: RBC

#### Young Beginner Ballet

Designed for Beginners, ages 5-7, with a slightly less structured approach. No class 4/30. 7 weeks.

#15157	Sat	Apr 9-May 28	10:00 am-11:00 am
\$49(R)/\$58(N)		Ages: 5-7	Blackman Site: TCRC

#### Young Beginner Ballet

Designed for Beginners, ages 5-7, with a slightly less structured approach. No class 4/30. 7 weeks.

#15159	Sat	Apr 9-May 28	11:00 am-12 noon
\$49(R)/\$58(N)		Ages: 5-7	Blackman Site: TCRC

### Chess - Beginner

Chess is a fun game for all ages. Studies have found that chess will benefit children both academically and socially. Emphasis is on basic principles, visual skills development, score sheet notation, tactical skills, and checkmate positions. Instructor is a trainer for grade school champions in Maryland. Note: Chess boards and sets are provided for class.

8 weeks.

#15485	Thu	Apr 7-May 26	3:30 pm-5:00 pm
\$69(R)/\$81(N)		Ages: 6-10	Del Mundo Site: LES

### Chess - Cont. Intermediate Levels

For students who attended previous class or Middle School students with basic knowledge on chess. Emphasis on more complex tactical and position skills, end game studies, and chess principles. Upon completion of this course students will be ready for scholastic tournaments. Current scholastic participants are encouraged to sign up. Mini tournament will be held in class.

8 weeks.

#15490	Thu	Apr 7-May 26	5:00 pm-6:30 pm
\$69(R)/\$81(N)		Ages: 8-14	Del Mundo Site: LES



## Creative Yoga for Kids

Yoga is a terrific way for children to build a foundation for life-long well being. Children will learn basic yoga postures, breathing techniques and body-mind awareness through creative storytelling, music, drama, and cooperative games. Self expression is encouraged! Children will release energy, express creativity, practice coordination and balance, build confidence, and have fun. All materials provided. Parents may register for Yoga Vinyasa Flow All Levels #15219 offered at the same time. Class is held at Thrive, 1321 B Rockville Pike, Rockville.

10 weeks.

#15170 Tue Apr 5-June 7 4:00 pm-5:00 pm  
\$80(R)/\$94(N) Ages: 5-9 Bowen

## Kids Can Knit! **NEW**

Take time away from TV and learn a new skill. Knitting is a great way to meet people, boost hand-eye coordination, and relax between school and extra-curricular activities. Learn how to cast-on, bind-off, knit, and decrease. Make a sample scarf and small pouch. Note: All materials included.

6 weeks

#15443 Tue Apr 12-May 17 4:00 pm-5:00 pm  
\$59(R)/\$69(N) Ages: 9-11 Bahr Site: RPES

## Fitness/Sports Classes

Registration deadline for all activities is two weeks prior to the start of the class unless otherwise noted. In case of an emergency or inclement weather, call 240-314-5023 for a recorded message.

## Basketball for Girls

Learn basketball fundamentals: dribbling, passing, shooting and rules of play. Team play and sportsmanship is emphasized. Scrimmages will be played as student's skills progress.

8 weeks.

#14497 Wed Apr 6-May 25 6:00 pm-6:50 pm  
\$64(R)/\$74(N) Ages: 7-9 Jordan Site: LES

## Basketball Skills Development

Gain confidence as you learn fundamental basketball skills and rules. Learn proper techniques and control as you execute skills through a variety of drills and exposure to game-like situations, depending on skill level of participants.

8 weeks.

#13511 Wed Apr 6-May 25 4:00 pm-4:50 pm  
\$64(R)/\$74(N) Ages: 7-9 Jordan Site: LES

8 weeks.

#13512 Wed Apr 6-May 25 5:00 pm-5:50 pm  
\$64(R)/\$74(N) Ages: 10-12 Jordan Site: LES

## Cheerleading Basics

Learn all aspects of cheerleading. Students will learn jumps, tumbling, stunts and dance combinations. Parents and friends are invited to the last class to see a cheerleading performance. Note: Class is held at Xtreme Acro and Cheer, 20 E. Southlawn Ct., Rockville.

6 weeks.

#13514 Wed Apr 6-May 11 7:00 pm-8:00 pm  
\$57(R)/\$67(N) Ages: 6-12 Buell-Size

## In-Line Skating for Children - Beg.

Learn how to move comfortably on skates. Start from sitting in a chair with a non-skating helper, and progress at your own speed. Note: Participants must bring in-line skates (no roller or plastic skates permitted), wrist guards, elbow and kneepads and helmet. For equipment information, call Cindy at 301-365-2104. Bring a water bottle. Call weather line at 240-314-5023 for status of class.

6 weeks.

#14498 Sat Apr 9-May 14 9:30 am-10:20 am  
\$42(R)/\$49(N) Ages: 6-12 Hustead-Feldman Site: ESCC

## Karate Kids

Learn the fundamentals of Tae Kwon Do, including a variety of basic kicks, blocks and punches. The martial artist's attitude of discipline, respect and self-control is stressed. Wear loose, comfortable clothes. Note: Classes held at World Karate Masters, 4935 Wyaconda Road, Rockville.

8 weeks.

#15303 Wed Apr 6-May 25 4:00 pm-5:00 pm  
\$44(R)/\$52(N) Ages: 1-7 Latchinian

## Safety Kids! **NEW**

Children can become empowered by learning to replace fear, confusion and panic with confidence, personal safety skills and self-esteem. The City of Rockville Department of Recreation, the Rockville Police Department and World Karate Masters, Inc. will teach children the tools needed to recognize, avoid, and, if necessary, escape violence or harm. Parents are welcome to participate. Class is held at World Karate Masters, 4935 Wyaconda Road, Rockville.

#15560 Fri Apr 15-Jun 3 5:00 pm-6:00 pm  
\$56(R)/\$66(N) Ages: 8 + Latchinian



Adult-Child classes are fun for everyone!

# CHILDREN

SPRING 2005

## Karate - Tang Soo Do Youth

Give your child the gift of confidence! This program can help your child improve self-discipline, develop better concentration and even improve school grades. Note: Fee includes uniform. Note: Classes are held at Kicks Karate, 800 Pleasant Dr., Suite 140 in Rockville. 5 weeks. 10 classes

#14502	Mon & Wed	Apr 4-May 4	4:55 pm-5:30 pm
\$85(R)/\$100(N)	Ages: 4-6		
#14503	Tue & Thu	Apr 5-May 5	5:55 pm-6:25 pm
\$85(R)/\$100(N)	Ages: 4-6		
#14504	Mon & Wed	Apr 4-May 4	4:00 pm-4:50 pm
\$95(R)/\$112(N)	Ages: 7-12		
#14505	Tue & Thu	Apr 5-May 5	7:00 pm-7:50 pm
\$95(R)/\$112(N)	Ages: 7-12		
#14506	Tue & Thu	Apr 5-May 5	8:00 pm-8:50 pm
\$95(R)/\$112(N)	Ages: 13 +		

## Kardio Kidz

Jump! Punch! Kick! This high-energy class will offer a combination of basic boxing, kickboxing and basic karate moves in a fun, easy-to-follow class put to fun music. Note: No boxing or karate experience is necessary. Beginners, boys and girls are all welcome!

8 weeks.			
#14500	Fri	Apr 8-May 27	4:15 pm-5:00 pm
\$56(R)/\$66(N)	Ages: 6-8	Turner	Site: FES
8 weeks.			
#14501	Fri	Apr 8-May 27	5:10 pm-5:55 pm
\$56(R)/\$66(N)	Ages: 9-12	Turner	Site: FES

## Little Feet Aerobics

All children, not just athletes, can succeed while improving coordination, endurance and social skills. Learn choreographed routines to popular hits. Note: Shirt, shorts and sneakers are recommended.

8 weeks. Participants must be in Kindergarten - 5th grade.			
#13520	Thu	Apr 21-Jun 9	3:15 pm-4:00 pm
\$48(R)/\$56(N)	Ages: 5-11	Boyd	Site: RPES

## Shorty Sports

Enjoy learning the fundamentals of sports in a fun way through games and a variety of instructional drills. Develop skills in throwing, catching, kicking and batting through sports such as soccer, T-ball and basketball. Wear sneakers and bring a water bottle.

8 weeks.			
#15339	Tue	Apr 5-May 24	5:30 pm-6:15 pm
\$56(R)/\$65(N)	Ages: 4-6	Graves	Site: KFP
8 weeks.			
#15340	Thu	Apr 7-May 26	5:30 pm-6:15 pm
\$56(R)/\$65(N)	Ages: 4-6	Graves	Site: FES

## Soccer - Children

Practice soccer fundamentals and develop better skills. Dribbling, passing, trapping and shooting are covered, as well as the basic concepts for strategy and teamwork. Scrimmages are included. Bring a water bottle. Note: Shin guards are required for the class. Call the weather line at 240-314-5023 for status of class.

6 weeks.			
#15332	Thu	Apr 7-May 12	4:30 pm-5:20 pm
\$48(R)/\$55(N)	Ages: 5-7	Orrell	Site: CP
6 weeks.			
#15333	Thu	Apr 7-May 12	5:30 pm-6:20 pm
\$48(R)/\$55(N)	Ages: 6-8	Orrell	Site: CP
6 weeks.			
#15334	Sat	Apr 9-May 14	9:00 am-9:50 am
\$48(R)/\$55(N)	Ages: 5-7	TBA	Site: KFP
8 weeks.			
#15335	Fri	Apr 8-May 13	4:00 pm-4:50 pm
\$64(R)/\$74(N)	Ages: 5-7	Skolnik	Site: FES
8 weeks.			
#15336	Fri	Apr 8-May 13	5:00 pm-5:50 pm
\$64(R)/\$74(N)	Ages: 6-8	Skolnik	Site: FES
6 weeks.			
#15438	Tue	Apr 5-May 10	4:00 pm-4:50 pm
\$48(R)/\$55(N)	Ages: 4-6	TBA	Site: NFP

## Spring Break Soccer Clinic

Soccer professionals from U.K. Elite come to Rockville to introduce young players to soccer through fun, exciting games that are designed to develop confidence and a love of the game. Participants will be grouped by age/skill. Shin guards are required. This clinic will be held rain or shine. Note: Bring a lunch and a water bottle.

#15347	Tue, Wed & Thu	Mar 29-31	9:00 am-12 noon
\$99(R)/\$115(N)	Ages: 5-14	Fletcher	Site: KFP

## T-Ball

Youngsters will enjoy this fun and active class as they learn the fundamentals of catching, throwing, batting and fielding. Note: Bring a mitt and water bottle to class. Call the weather line at 240-314-5023 for status of class.

6 weeks.			
#15341	Sat	Apr 9-May 14	10:00 am-10:50 am
\$48(R)/\$55(N)	Ages: 5-7	Orrell	Site: KFP
6 weeks.			
#15342	Sat	Apr 9-May 14	11:00 am-11:50 am
\$48(R)/\$55(N)	Ages: 5-7	Orrell	Site: KFP

## Tennis for Children

Lessons for beginners emphasize fundamentals: grip, stance, forehand, backhand and rules. Advanced Beginners work on serve, strategy, etc. Intermediate players work on approach shots, return of serves, lobs and overheads. Note: Participants must bring a racquet. Balls are provided. Call the weather line at 240-314-5023 for status of class.

6 weeks.  
#15310 Mon Apr 11-May 16 5:00 pm-5:50 pm  
\$46(R)/\$54(N) Ages: 9-11 Pu Site: MTP

6 weeks.  
#15311 Mon Apr 11-May 16 4:00 pm-4:50 pm  
\$46(R)/\$54(N) Ages: 7-8 Pu Site: MTP

5 weeks.  
#15557 Sat Apr 16-May 14 9:30 am-10:20 am  
\$38(R)/\$54(N) Ages: 8-10 Baker Site: MTP

## Tumbling and Tramp

Participants learn basic tumbling skills such as forward and backward rolls, handstands, cartwheels, round-offs, walkovers and back handsprings, if ready. Emphasis will be placed on coordination, flexibility and strength. USA Gymnastics trampoline levels 1-4 will be taught. Note: Class held at Xtreme Acro and Cheer, 20 E. Southlawn Ct., Rockville. 6 weeks.

#13516 Fri Apr 8-May 13 5:15 pm-6:15 pm  
\$57(R)/\$67(N) Ages: 6-12 Buell-Size

#13517 Fri Apr 8-May 13 4:00 pm-5:00 pm  
\$57(R)/\$67(N) Ages: 4-6 Buell-Size

## Whiffle Ball **NEW**

Get back to the basics! Kids never tire of this classic school yard game invented in the 50's. Join Coach Mark for an energetic hour as he relives his youth and incorporates simple, fun games and activities to develop a variety of basic whiffle ball skills. Games are introduced as participant skills progress.

8 weeks.  
#15546 Tue Apr 5-May 24 4:30 am-5:20 pm  
\$56(R)/\$64(N) Ages: 4-6 Orrell Site: BAP

## Rockville Football League Cheerleading

- Children entering grades 3-8 are eligible.
- Squads are organized by age and school district.

### More information will be available on:

Rockville's Cable Channel 11  
RFL HOTLINE: 301-424-1524  
Web site: HTTP://www.rfl.cc

## Community Recreation Special Interests

Registration deadline for all activities is two weeks prior to the start of the class unless otherwise noted.

### KIDZ CLUB Au Naturel!

This session of KIDZ Club takes a look at NATURE. What is nature? What people, animals, plants, and other things are a part of nature? How can we be kind to nature? Program activities include nature walks, recycling, observing nature, nature crafts, etc. Other time is spent doing homework, playing games, and just having fun! NOTE: No KIDZ Club on 4/8.

#### Beall KIDZ Club Au Naturel!

#15534 Mon-Fri Apr 4-May 13 3:05 pm-6:00 pm  
\$90(R)/\$180(N) Ages: 5-12 TBA Site: BES

#### Maryvale KIDZ Club Au Naturel!

#15535 Mon-Fri Apr 4-May 13 3:30 pm-6:00 pm  
\$90(R)/\$180(N) Ages: 5-12 Chase Site: MES

#### Twinbrook KIDZ CLUB Au Naturel!

#15536 Mon-Fri Apr 4-May 13 3:30 pm-6:00 pm  
\$90(R)/\$180(N) Ages: 5-12 Dickson Site: TES

### KIDZ CLUB Olympics!

Time to get fit for the KIDZ Club Olympics! We will accent fun and fitness activities in this session of KIDZ Club. Relays, running, walking, fitness games, field events, and more. Other time is spent doing homework, creating crafts, and just having fun! NOTE: No KIDZ Club on 5/30.

#### Beall KIDZ CLUB Olympics!

#15537 Mon-Fri May 16-Jun 15 3:05 pm-6:00 pm  
\$90(R)/\$180(N) Ages: 5-12 TBA Site: BES

#### Maryvale KIDZ CLUB Olympics!

#15538 Mon-Fri May 16-Jun 15 3:30 pm-6:00 pm  
\$90(R)/\$180(N) Ages: 5-12 Chase Site: MES

#### Twinbrook KIDZ CLUB Olympics!

#15539 Mon-Fri May 16-Jun 15 3:30 pm-6:00 pm  
\$90(R)/\$180(N) Ages: 5-12 Dickson Site: TES

## Attention: All T-Ball, Softball, and Track & Field Participants

**Deadline: February 25**

- You must be a City resident or attend school within the City of Rockville corporate tax limits to be eligible for these programs.
- Financial assistance is available according to need to City residents. Apply through Rockville City Hall, Department of Recreation and Parks, Sports Division. For information, call 240-314-8620.
- Payment must be included with the completed registration form. Make checks payable to City of Rockville. Mail to: Sports Dept., City of Rockville, 111 Maryland Ave., Rockville MD 20850.